
TEEN STORK ROOM

Are you **21 or under** and pregnant or a parent?

Do you need **FREE** Infant Clothes or maternity clothes?

Do you have any clothes that you no longer use?

If you answered **YES** to any of these questions, come to the **TEEN STORK ROOM**.



HOW?

Call to arrange and appointment:
272-4210

WHERE?

61 State Street
Troy, NY 12180

WHAT IF...you can't get to the Troy location? Call Family Living for Teens and we'll help you get the things you need

272-4210



BABY THINK IT OVER

The Baby Think It Over program provides students with a realistic parenting simulation.

Students are required to provide parenting to a realistic baby model. The baby simulator then provides feedback on rough handling, neglect and total minutes of crying.

EMPATHY BELLY

The Empathy Belly pregnancy simulator allows boys and girls to experience twenty typical symptoms of pregnancy.

(The Baby Think It Over program and Empathy Belly are provided from a grant from MVP Appleby Award.)

Family Living for Teens Programs are funded by:
New York State Division for Youth: Rensselaer County Department for Youth

Cornell Cooperative Extension

Family Living for Teens

Teenage Parenting Program

Project Self-Discovery

Teen Stork Room

Baby Think It Over

Empathy Belly



Mail to:

Tarasha Darden-McKoy, Program Director
FAMILY LIVING FOR TEENS
Cornell Cooperative Extension
of Rensselaer County
61 State Street, NY 12180



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Please send me information on:

(check as many as apply)



____ TEENAGE PARENTING PROGRAM

____ TEEN STORK ROOM

____ PROJECT SELF-DISCOVERY

____ BABY THINK IT OVER

____ EMPATHY BELLY

Name _____

Address _____

Phone _____

TAPP

TEENAGE PARENTING PROGRAM

Any youth 21 or under, who is pregnant and/or parenting can participate in **TAPP**.

Group meetings give teens the opportunity to discuss problems, ask questions and share ideas with other young parents.

Any teen or school can arrange to host a Teenage Parenting Program. If you are interested, contact:

Tarasha Darden-McKoy
Program Director 272-4210
tld7@cornell.edu



Home visits can be scheduled with a Nutrition Program Educator for those who prefer one-to-one contact or need help with nutrition, food budgeting and basic cooking skills.



PROJECT SELF-DISCOVERY

An outreach education program for groups of teens ages 10-21 designed to provide information, increase knowledge and improve practical skills that will be helpful in life.

Programs are tailored to the specific needs of each group: location or setting, size of group, age range, scheduling one or a series of programs. This program is offered to any agency or organization that serves the youth population.

A variety of topics are available, including:

Building Self-Esteem

Values Clarification

Decision Making Skills

Dealing with Peer Pressure

Relationships and Dating

Health and Human Sexuality