

Eat Smart New York!



ESNY

- Want to save money on groceries?
- Want to eat healthier and make better health decisions for yourself and your family?
- Want to learn how to cook food that tastes great?

Give the “Eat Smart New York” program a call. We help you at your convenience, either in your home or in a fun, relaxed group class. We also have some great, free kitchen items.

The program is FREE, but the knowledge you gain is PRICELESS.

**Call 272-4210 for an appointment.**